**FRITZ PERLS**

705 N Killingsworth

Portland, OR 97217

503-978-5600

[fritz.perls@pcc.edu](mailto:fritz.perls@pcc.edu)

www.linkedin.com/infritz.perls7

**Objective** Addiction counseling practicum position

# EDUCATION

**AAS, Addiction Counseling**, Portland Community College, Portland OR expected 6/Year **Minor- Social Justice** GPA 3.10

**RECOVERY COMPETENCIES**

* Participate in community outreach activities for Miracles Club- serving predominantly African American families in recovery
* Develop and chaperone youth social activities to promote healthy lifestyle
* Helped organize community marches for violence prevention and awareness
* Apply personal experience to educate others regarding lifestyle changes and developing healthy support systems
* Discuss interventions and communication methods with parents of elementary or pre- teens
* Understand the seductive nature of drug and gang culture
* Establish rapport and encourage self-efficacy with individuals from ethnic and other culturally diverse backgrounds
* Develop topics for discussion and encourage member participation
* Promote individual responsibility and assist individuals in exploring options
* Work in close community with others in emotionally intense situations and maintain personal space and professionalism as well as respect for the boundaries of others
* Attend carefully to non-verbal cues and adapt presentation to the audience
* Handle confidential materials and maintain file integrity and organization of contents
* Work with individuals who resort to criminal activity in order to sustain addictions or maintain a subsistence life style

**EMPLOYMENT HISTORY**

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| --- | --- | --- | --- |
| On Call Monitor | Central City Concern- Jean’s Place | Portland, OR | Year |
| Janitor | A-1 Cleaning | Portland, OR | Year |
| File Clerk | Pacific Lenders | Portland, OR | Year-Year |